Oldentales

Candlemas
A Celebration of Lights
Lion's Tourney
February 5-7, 2010

LOCATED AT YMCA CAMP INDIAN SPRINGS
2387 BLOXHAM CUT-OFF ROAD
Crawfordville, FL 32327

FEES:

Daytrip/ 1 Night \$15

Weekend/ 2 Nights \$25

Non-Member: Add \$3.00

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VOLUME III, ISSUE 1

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Your Event Stewards:

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 $\sim And \sim$

Lady Marie le Mains mka: Denise Chin

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Lady Muirgein the Divided mka: Kelly Fountain PO Box 11233
Tallahassee, FL 32302-3233
850-228-3092

Email: Muirgein@gmail.com

Make checks payable to SCA Inc.—Barony of Oldenfeld

*Please include driver license number on check. When sending in a pre-reservation kindly include the following information for all you are reserving for; a copy of SCA Cards, Names (SCA & Mundane), and length of stay.

Cabin space is limited and is on a first come, first serve basis.

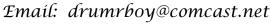
** No family will be charged more than 3 full adult fares, children 12 and under are free.**No pets please, but service animals are welcome.

This is the January 2010 issue of Oldentales, a publication of the Barony of Oldenfeld, which is a branch of the Society of Creative Anachronism, Inc. (SCA, Inc.); Oldentales is published as a service to the SCA's membership and is available from Denise Chin (email: sun204@hotmail.com). This newsletter is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies.



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A missive from our Coronets:

Master Octavio & Mistress Mairi Ceilidh



Barony of Oldenfeld February, a.s. 44

From Your Baron and Baroness, Octavio and Mairi Ceilidh, Greetings.

The new year dawns with promise on Our Beloved Oldenfeld. Recent actions by the King and Queen of Trimaris recognized two of our citizens with one of the highest awards in the SCA. Simon Maurus of the Argent Quill (our seneschal) was elevated and Grainne ni Alieen O'Cearbhaille (our minister of Arts and Sciences) was announced for elevation to the SCA-wide Order of the Pelican, and recognized as peers of the realm. These awards are well-deserved, and make us proud to be part of a barony with such worthy members.

Our event season is going well, in spite of the weather at Yule. Isn't this a great organization? Even when an event is besieged by rain and cold, well over a hundred people came from Trimaris and other kingdoms and had an absolutely fantastic event. Our thanks go out to Sir Ardion and the wonderful event staff who made it possible.

As it begins to thaw here in the north, we look forward to two more Oldenfeld events this year. Even now we are ready for Lion's Tourney February 5-7, and will begin preparations soon for the Anniversary event on April 30-May 2. Somewhere in the middle of these is a little skirmish with 3-5,000 of our friends in other places called Gulf Wars, and the coronation of a new King and Queen of Trimaris. In case you didn't know, the once and future King of Trimaris, Thorsten the Wrong Hand, is also the Oldenfeld Baronial Champion.

As people from other lands come to our events, we encourage you from Oldenfeld to support them as well. Please consult the Kingdom calendar (www.Trimaris.org) and the calendar from Meridies (www.meridies.org) to help you find additional events to attend.

We would not be successful without your support and the influx on all the newcomers we have seen this year. Please continue to do everything you can to welcome them and find suitable places for them to participate as part of our family. Let us know when you see people, old or new, who are worthy of formal recognition in our court. We salute you all.

Delivered with Love Always, Octavio and Mairi Ceilidh

Photo used with permission from our Coronets.

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A note from our Seneschal: Master Simon Maurus "The Argent Quill"

Admonishment

by Master Simon Maurus "The Argent Quill", OP

We cannot be our yesterdays Nor should we wish to be We cannot rewrite faulty plays With things we now can see

Judge not the foibles of your peers Repeat them not yourselves Ignore the critic armed with jeers The depths to which he delves

Seek clarity in paths you follow Have reason for each deed Be not naive, nor vain or hollow Be not afraid to bleed

The things in life most priceless
Are worth far more than gold
For earthly things are lifeless
Profane, empty and cold

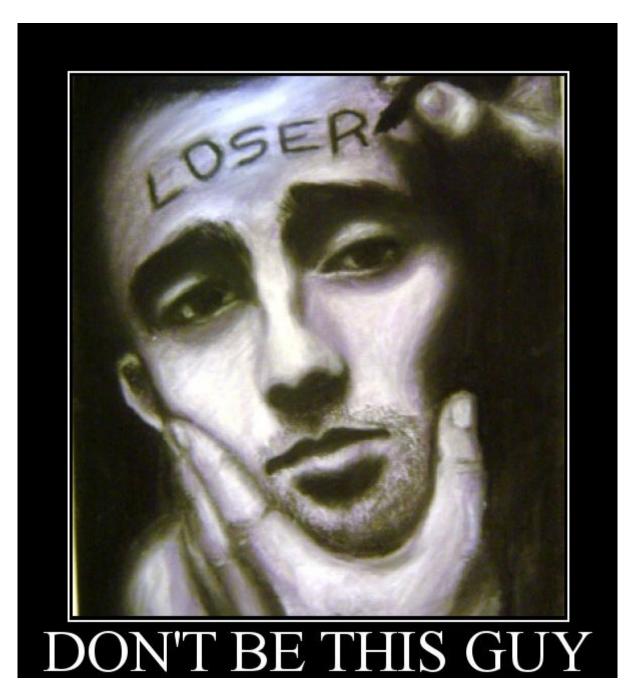
Work hard to love your brother
Though test you he may try
Your cheek bruised, turn the other
For the ancients tell us why

For what we do in life each day
Begins another story
Do as you can to make a way
To bring your Kingdom glory



We're on the Web: http://oldenfeld.net

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Support your Kingdom at Gulf Wars XIX!!!

http://www.gulfwars.org/

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The Foundations of Fencing

The age old art of sword fighting, called fencing, has been in use for thousands of years. There are hundreds if not thousands of masters to choose from, but we will not discus them and their thoughts. Today we will look to what can only be defined as the foundations of fencing: foot work, hand work and practical application. (Please read the Marshal's hand book for all equipment needed for safety before trying to fence in the SCA.)

Let's start with foot work. Using your leading foot (this is the foot that is on the same side as your sword arm) point your toes toward your opponent. Then take your trailing foot (this is the foot that is on the side of your empty hand) and point the toes to your off hand side by making an L with your heels. Now take one shoulder length step forward with the leading foot; this is the position of en guard. With your feet in the en guard position, lift up onto the balls of your feet. (This is done by ever so slightly pushing up from the ground.) Being on the balls of your feet allows for quick movement in any direction. Try some simple movement by taking a step with the leading foot and then following with the trailing foot, maintaining balance. Now try moving backwards by taking the step with your trailing foot followed by your leading foot. Use either the leading foot or the trailing foot to direct your movement. Be mindful to not cross your legs while moving as this can trip you up in the middle of a fight.

Your feet are not the only things needed to fence; you also have your hands. Now take a look at how you can use your hands to move your sword as well as your opponent's sword. We will start with the use of your off hand (this is the hand that does not have a sword in it). Start with small circular movement with the arm from the elbow; leave your hand open while doing this; this is known as a parry. Now move your hand up and down as if painting a fence; this too is a parry. Next move your hand in a side to side motion; this is a parry as well. Let's focus in on the sword arm - the hand that is holding the sword. Hold your sword so the tip is pointing at your opponent; this helps with your aim. Use the tip as a fulcrum point to move the sword up and down (this is a parry with the sword). Now, move the sword, still using the tip as a fulcrum, side to side (also a parry). Again move the sword as if using a screwdriver (this is a parry with quillions). Remember that you only need to touch your opponent with the sword's tip or edge to make a kill. Thrusting with the tip, push and pull cuts with the edge of the blade, as well as tip cuts are easy to do, but you need practice to be specific with your target areas.

Finally putting all of this together, we will need two fencers out on the field. First step into the en guard position and point the tip of our swords towards our opponent. Second, add movement to the mix by stepping forward or to the side. If you step in on your opponent, be prepared to use both hands to parry their sword. Do not grapple with your opponent or with their sword as this is illegal in the SCA. Use the sword and hand movements together to protect your self. Slowly practice the movements for control and accuracy. As you gain experience you can speed up the fight, learn to control your opponent and take more than one attack at your opponent.

In conclusion fencing is an age old art that uses the feet, hands and practical application to protect oneself from your opponent. Practice is the key, so, perfect practice makes perfect. Use your empty, off-hand to parry and control your opponent's sword. Use your feet to move around your opponent. With this knowledge you can begin to explore the art of fencing and do a little fighting. Have fun and enjoy.



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Oldenfeld Baronial Officers:

Coronets:
Baron Octavio de Flores &
Baroness Mairih Celidh



Seneschal: Master Simon Maurus



Constable:

Lord William Ulf



Hospitaler: Magistra Theodora Perplexa



Minister of Children: Lady Catherine the Cross



Heralds:

Don Aiden, Lord William Ulf



Heavy Marshal: Sir Lorcan



Rapier Marshal: Ld Lachlan MacPherson



Combat Archery Marshal:



Art/Sci Minister: THL Grainne ni Aileen O'Cearbhaille



Exchequer:

Count Ardion Dochesfford



Chamberlain:

Count Ardion Dochesfford



Chronicler:

Lady Marie le Mains



Historian: Lady Siomha



Librarian: Lady Marie le Mains



Webminister:

Lady Muiergen the Divided

Serve your Barony!

Baronial Activities:

The Barony of Oldenfeld holds business meetings on the first and third Thursdays of each month; these meetings are held at the:

Leon County Main Library: 200 West Park Avenue, Tallahassee, FL

We have **fighter practices** (rattan, rapier and combat archery) on Sundays at 11 AM on the FSU campus Landis Green, in front of the library.

Shop Nights are held on the first and third Tuesdays from 6:30 - 9:30 PM at the home of Ed & Michelle Costello; their home phone number is 878-7565. Shop night is a chance for everyone to work on projects like armor and sewing.

The **Oldenfeld Assemble** meets at the home of Jay & Jancie Ter Louw every Monday night from 7:30 pm—9:00 pm. Their home phone number is 668-3807. This is open to anyone in the Barony who would like to sing or play an instrument.

Dance Practice is held every Wednesday night at the Publix on Ocala 7 pm. Yes, at the Publix on Ocala — upstairs in the meeting room.

The **Cook's Guild** meets once a month—meeting whereabouts are discussed during the Business Meeting.

Thank you to all our contributors!

- Lady Marie le Mains