

# Oldentales

## Summer Edition

VOLUME IV, ISSUE 1



SUMMER 2010  
A.S. XXV

### Upcoming Trimarian Events:

#### July 2010

30-15 [Pennsic War](#)   [Æthelmearc](#) [Coopers Lake, PA](#)

#### August 2010

28 [Trimaris Archery Day](#) Kingdom (Trimaris Archers) [Tenoroc Shooting Sports complex](#)

#### September 2010

3-6 [Fall Coronation - 25th Anniversary](#)   Kingdom (Baronies of Trimaris) [Camp Ocala](#)

11 Kingdom Equestrian Practice Kingdom [Springdale Farms, Longwood](#)

17-19 Michaelmas [An Crosaire](#) [Camp Kiwanis, Silver Springs](#)

18 Sea March Anniversary  [Sea March](#) [Palm Beach Gardens Moose Lodge](#)

24-26 [Fall Harvest](#)  [Oldenfeld](#) [Camp Indian Springs](#)

#### October 2010

1-3 Road to War V Amurgorod [Norse Horse Arena](#)

2 Feast of Fools Tri Os [Unitarian Universalist Church](#)

8-10 Village Faire Darkwater [Camp Ocala](#)

15-17 Panhandle Skirmishes  Oldenfeld [Camp Indian Springs](#)

22-24 Starhaven's Fall Equestrian Starhaven [Springdale Farms, Longwood](#)

23 Seige of St. Martin's Shrine Ruins [Scotsmar Farms, Lakeland](#)

29-31 Baronial Bash Wyvernwoode

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This is the Summer 2010 issue of Oldentales, a publication of the Barony of Oldenfeld, which is a branch of the Society of Creative Anachronism, Inc. (SCA, Inc.); Oldentales is published as a service to the SCA's membership and is available from Denise Chin (email: sun204@hotmail.com). This newsletter is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies.

A missive from our Prince & Princess Trimaris:

Sir Lorcan & Mistress Grainne



Unto the glorious Barony of Oldenfeld do We, Sir Lorcan an Dubghaille and Mistress Grainne ingen Anloin meic Cerbaill, Prince and Princess of Trimaris send our most affectionate greetings!

It is not often that Royalty can call the land of big fun home and We are both proud and excited to hail from this wonderful Barony. We plan on attending as many Oldenfeld events as possible and we encourage you all to send in letters so that we may recognize the many good works, service, and arts that Oldenfeld is so known for having.

As we look towards the beginning of August, the drums of war can be heard calling us to Pennsic. We will be at Pennsic for August 8-12 and hope to see as many of you as possible there to support our Kingdom and Crown. We know that Pennsic is quite a distance from our fair lands, but there is much to do and see there as we support our Allies in Their endeavors on the field of battle.

We hope everyone can attend Trimaris' 25th year celebration Labor Day weekend. Not only is this an important milestone for the Kingdom, but it will be an event that will be enjoyed by all and remembered for many years to come. We also would like to call upon as many members of the populous of Oldenfeld as can attend 25th year to help Us bring as much fun from the land of big fun as possible.

The more fun the better!

We remain in faithful service to Trimaris,

Lorcan  
Prince

Grainne  
Princess

Photo used with permission.

A missive from our Coronets:  
Master Octavio & Mistress Mairi Ceilidh



Greetings to the Populace and Friends of the Great Barony of Oldenfeld!

We are in the midst of the “down time” in Trimaris and Oldenfeld, and your Baroness has one question, “What happened to the lazy days of summer?????” So many good things going on, so many good times to be had with so many good friends; the heat will be gone before we know it, and we’ll be in full Event Season mode.

We are hearing a lot of talk about Oldenfeld’s upcoming events, and are looking forward to seeing each person’s vision come to fruition. It is gratifying to see so many of you step into roles you’ve never filled before, and to see so many who are seasoned event staff step up to help guide the less experienced. This is what grows a successful SCA group, and it is one of the components that make Oldenfeld one of the strongest of the strong groups in our Kingdom. To put it simply: WE ROCK!

We would like to thank each member of the populace who has done even the smallest task to give Oldenfeld its well-earned reputation of holding events that are not to be missed. It is by our deeds that we are known, and our deeds are many.

The Great Pennsic War is close upon us, and it is gratifying to us to know that so many of you will be traveling north to lend your numbers to our Kingdom and the allies we support. Our requests are that you travel safely, spread Great Fun wherever you go, and return with tales of valor and whimsy to share by the fireside during the dark winter months.

With Hearts Full of Love and Gratitude,

Octavio and Mairi Ceilidh

## A Missive from the Seneschal:

### Lord Umble the Mumbler

From the hand of the Barony Oldenfeld's Seneschal,  
Greetings from the Land of Big Fun!

If you're new to the SCA, or new to the Barony of Oldenfeld, I want to welcome you to our group. If you have been around for a while, then I appreciate all you do for Oldenfeld. The best is yet to come!

Our fair barony may have been quiet lately, but that's just our time to recharge, and get ready for the coming event year. We have several events coming in the near future; please do come out and lend a hand. If you want to volunteer for something, but you're not sure who or where to go, please let me know. I'm here to help.

I want to give a great huzzah to our local Highnesses. Please assist then in any way you can, be it largesse, a handmade gift, assisting with scrolls, or perhaps offering your valuable time as a volunteer. A second huzzah goes out to our Baron and Baroness, they do so much for Oldenfeld. Please assist them in any way you can, and make sure you tell them how much they are appreciated.

Our first event of the season comes in late September, and that's our Harvest Revel. Not long off after that will be Panhandle Skirmishes, as we prepare for war. There has also been strong interest in target archery. I encourage all to come out on Sunday and try their hand at it. There is talk of other live weapons, soon to come.

Has it been twenty-five years already? Trimaris 25<sup>th</sup> year anniversary is just around the corner. Please offer up any help you can to those in charge. I hope all can attend the event, I'm sure it will be one we'll all be talking about at the 50<sup>th</sup> anniversary!

As we begin to prepare for our monthly travels, please be safe. I encourage all to think about carpooling to events, or if you have room on your trusty steed, think about offering that space to someone. Traveling is often the best way to get to know other Oldenfelders.

We are always seeking deputy officers. If you can attend one of our meetings at the library, please think about talking to one of our current officers. They're also just an email away.

Remember, if you see anyone you think is deserving of the gratitude of our Baron and Baroness, or that of our Royalty, please do not hesitate to let it be known. There are so many people here in Oldenfeld and in our fair Kingdom that deserve to be recognized for their hard work!  
Again, safe travels.

YIS,

Lord Umble the Mumbler,  
Seneschal of the Barony of Oldenfeld

**Hail Oldenfeld! Vivat Trimaris!**



## Vikings “HARVESTing” . . .

Gate & Res Opens: Friday, September 24 @ 5 pm.

Reservations close on Saturday @ 3 pm.

Site closes on Sunday, September 26th, 2010 @ 11 am.

*If you are on site after 11 am, you will be considered part of the cleaning crew!*

### LOCATED AT YMCA CAMP INDIAN SPRINGS

2387 BLOXHAM CUT-OFF ROAD  
Crawfordville, FL 32327

#### Your Adventure Guide: (Event Steward)

Meabh the Mad, mka Kimberly Haley  
email: [the\\_mad\\_muse@yahoo.com](mailto:the_mad_muse@yahoo.com)

39 Shortvine Street  
Crawfordville, FL 32327  
850-745-8384, no calls after 9 pm.

#### Mess Sergeant: (Feast Steward)

Lady Marie le Mains  
mka: Denise Chin  
email: [sun204@hotmail.com](mailto:sun204@hotmail.com)

850-491-9718, no calls after 9 pm

#### Handler of Loot & Info: (Reservations)

Lady Athelyna de Oldenfeld, mka Sue  
Humphries  
email: [suehumphries3@hotmail.com](mailto:suehumphries3@hotmail.com)

1555 Pine View Drive  
Tallahassee, FL 32301  
970-744-0175, no calls after 9 pm

#### FEES:

Daytrip / 1 Night: \$15  
Weekend / 2 Night: \$25  
Feast: \$10  
Non-member add \$5

Make checks payable to “SCA Inc. Barony of Oldenfeld”. Please include driver’s license number on check. When sending in a pre-reservation, kindly include for each person: copy of SCA member card, real name, SCA name, and length of stay.

Cabin space is limited and is on a first-come, first-serve basis. No family will be charged more than 3 full adult entrance fees; this limit does not include feast. Children 12 and under are free.

No pets please, but service animals are welcome.

#### Classes, Competitions & Combat!

*Able to satisfy any Viking’s appetite or any other person for that matter!*

## Tasty Tipples

### Lady Athelyna de Oldenfeld

Good gentlefolk, pray allow me to introduce myself and this note. I am Lady Athelyna de Oldenfeld, who is among other things, both a fourteenth century lady and an appreciator of spirited drinks, who most earnestly (and armed with some small knowledge, a great lack of skill, and a yet greater measure of enthusiasm), endeavours to encourage the creation of the same. I begin this missive as a way to set forth the means and knowledge to assist all interested folk to join me in this endeavor, for as we know, the more the merrier!

#### A few inquiries on spirits and meads:

**How do spirits arise in drinkable liquids?** By the workings of yeast, called by the old Norse “jostr,” which lately is discovered to be in truth a collection of tiny animals. It foameth during the working, which is called barm, and may be gathered and cast into thy barrel from the batch preceding; also, a bit wrapped in a tiny packet may be had from a merchant. It is said that leaving thy vessel open to the fresh air may cause it to begin working without any added yeast, but be advised that it may also cause the contents of this vessel to grow foul and unclean.

**What is the nature of this spirit?** It releaseth the essence of fruits, vegetables, and spices; is less heavy than water; increaseth the companionable inter-actions of friends, fire and the bardic arts; is also fiery on the tongue when new; and is most agreeable to moderate consumption, though may be vengeful in action when taken to excess.

**What is needful for the actions of the barm to cause such wholesome spirits to arise?** Excellent cleanliness in all regards, fresh air, fair water, a goodly amount of something sweet, and either a bit of barm cast in, or open-ness to fresh air. Any lack in these may be clearly noticed in the resulting drink. When the yeast have eaten, they do release both vapors and liquids, which are the origin of the spirits.

**What water is best?** That which cometh from the clouds is best.<sup>1</sup> Spring water or water boiled and set overnight in a closed vessel are also good.

**What varieties of sweet may be used?** Any good and clean sweet. Admirable potations can be made from loaf sugar, properly treated grains, grapes, nearly any fruit you may have, even some vegetables, and queen of them all: fine honey.

**What is a mead or meth or meodu?** It is a drink of good honey and faire water, well worked by the action of the yeast. No other ingredients are required, though they are permitted.

**What are the qualities of good honey?** Good honey is, “cleere, odoriferous, yellow like gold... and sharpe, sweet, & pleasant to the tast, of a meane co(n)sistence betweene thicke & thin, so clammy that beeing taken up upon your fingers ende, in falling it wil not part but hang downe together like a long string, as that useth to do which is clarified. And such doth Iacobus Sylvius describe the best hony to be.”<sup>2</sup>

**Why are some drinks more formidable in spirituous action than others?** This may be accidental or by design. Firstly, the greater the part of the mixture that is sweet, the stronger thy drink may become. Secondly, the nature of thy barm will govern how strong it may become. In a mixture for mead, the barm of a common ale yieldeth a moderate drink.

#### **How should one proceed, to make a fair mead?**

In a word, hygiene is the reigning principle. For the remainder, pray read my next missive. In the mean-time, cleanse thy home and person well, and gather up these materials:

A quantity of clean honey, faire water, and a bit of ale or wine barm. Spices and suchlike may be added as befits thy taste and purse. Gather also a very large spoon with a long handle, a number of clean cloths, a vessel to stand upon the fire, a vessel to receive the frothings, and a tun for the workings. If thy working-tun be open-topped, as a bucket, it should have also a lid with a bung-hole which may be loosely stopped with a clean cloth. If it is of good glass, such as is called a “carboy”, thou shouldst also have a funnel, an airlock, and a wineglassful of “spirits of wine”, which can be had from the monks (or a merchant, if you know no monks).

to be continued...

1. The Feminine Monarchie, Joseph Butler, Oxford, England, 1609.

2. The same.

Submitted By:  
Lord Umble the Mumbler

### A short history of Iona, Scotland



I have to admit that I might not have found the island of Iona, Scotland, if it weren't for a good friend who had wanted to visit it. She wished to pay her respects to the several Scottish, Irish and Viking royalty that are buried there.

Iona is a bit off the beaten track, compared to the mainland of Scotland. Iona is a tiny island, only about one mile across (East to West) and about three miles top to bottom. It's located in a group of western Scottish islands, known as the Hebrides. Today's traveler typically leaves the mainland, in Oban (a lovely Western Scottish town, with a fantastic distillery). Travel is by ferry, to the Isle of Mull, a rather large Scottish island.

Travel to the western shore by bus takes perhaps an hour or more. I would believe that most medieval travelers would probably have kept to the coastal waterways instead. Once on the far side of Mull, present day travelers find another, small ferry. The isle is most notable by the fact that in 563, Saint Columba, exiled from his native Ireland, founded a monastery on Iona. He's most well known for his work in converting pagan Scotland and much of northern England to Christianity. In time, Iona became a well known place of learning and was a favored site of Christian pilgrimage. All this on an island that is only 3 square miles in size! Eventually, as its reputation grew, it also became a holy island where several Scottish, Irish and Viking kings/queens came to be buried.

Many believe that the Book of Kells was created on Iona in the late 8<sup>th</sup> century. This was thought to be to commemorate the 200<sup>th</sup> year of Saint Columba's death in 597.

However, this was still a turbulent time and there were several raids from Vikings over several decades. With so many relics being plundered, the monastery was abandoned in 849.

Later in 1203, a Benedictine abbey was built on the same spot as the earlier monastery. In 1208, Beathag, the daughter of Somerled, was the first prioress of a convent for Benedictine nuns. By the mid 1500's, the Reformation left most of the monastery demolished and all but three of the 360 carved crosses were destroyed.

Today, the monastery has been rebuilt and restored again, albeit with later period materials. It still felt quite ancient to me, with its heavily carved Celtic crosses (sad to say, most were reproductions). I highly recommend the small museum in the back of the church. There you will find several well worn headstones of medieval Kings and Queens.

The nunnery however was never restored, though a good portion of it remains today. The present day traveler will find a beautiful garden at the ruined nunnery site. I found it to be a wonderful place to hide from the stiff Atlantic wind. There is an air of ancient stillness; I highly recommend traveling there, especially if in the summer months.

We're on the Web:  
<http://oldenfeld.net>

**Oldenfeld Baronial Officers:**

Coronets:

Baron Octavio de Flores &  
Baroness Mairih CelidhSeneschal: Lord Umble the  
MumblerConstable:  
Lord William UlfHospitaler: Magistra  
Theodora PerplexaMinister of Children: Lady  
Catherine the CrossHeralds:  
Don Aiden, Lord William UlfHeavy Marshal:  
Lord Qin Xen ZhiRapier Marshal:  
Lord Qin Xen ZhiCombat Archery Marshal:  
*vacant*Art/Sci Minister:  
Baroness Genevieve de Mullet  
TroisExchequer:  
Lord Miklos VizjecChamberlain:  
Count Ardion DochessfordChronicler:  
Lady Marie le Mains

Historian: Lady Siomha



Librarian: Lady Marie le Mains

Webminister:  
Lady Muiergen the Divided***Baronial Activities:***

The Barony of Oldenfeld holds **business meetings** on the first and third Thursdays of each month; these meetings are held at the:

**Leon County Main Library:  
200 West Park Avenue, Tallahassee, FL**

We have **fighter practices** (rattan, rapier and combat archery) on Sundays at 11 AM on the FSU campus Landis Green, in front of the library.

The **Oldenfeld Ensemble** *usually* meets at the home of Jay & Jancie Ter Louw every other Thursday night (opposite from business meeting dates) from 7:00 pm—9:00 pm. Their home phone number is 668-3807. This is open to anyone in the Barony who would like to sing or play an instrument.

**Dance Practice** is held every Wednesday night at the Publix on Ocala 7 pm. Yes, at the Publix on Ocala — upstairs in the meeting room.

The **Cook's Guild** meets once a month—meeting whereabouts are discussed during the Business Meeting.

**Thank you to all our contributors!**

**- Lady Marie le Mains**

**We're on the Web:  
<http://oldenfeld.net>**

***Serve your Barony!***